

## Food, furniture and household Items

Consider providing a hot meal on arrival, or local takeaway menus to choose from. Plan a shopping trip/online order or explain how to purchase fresh produce.

### Groceries (non-perishable)

- 1kg bag of rice
- 1kg bag sugar
- 1ltr bottle vegetable oil
- Bottle full fat UHT milk
- Carrots
- Fruit
- Garlic
- Hummus
- Lemon
- Loaf of bread or, preferably, flat breads
- Olives (in a jar)
- Onions
- Pack 80 tea bags
- Pack digestive biscuits
- Pack salt
- Pepper - ground
- Potatoes
- Tin or tube of tomato puree
- Tin plum tomatoes
- Tinned soup - vegetarian
- Toilet rolls

### Cleaning Products

- Bin bags
- Bleach
- Bleach (make sure that the warning label is highly visible)
- Kitchen/Multi-Purpose Cleaner
- Scourers
- Tea Towels
- Washing powder
- Washing sponges/cloths
- Washing up liquid

### Toiletries

- Sanitary products – we suggest that you provide one pack of regular sanitary towels and one pack of regular tampons available for every female member of the household aged 11-65
- Shampoo/Conditioner
- Shower gel
- Soap
- Toilet Roll
- Toothbrush (1 per person)
- Toothpaste

If the refugee family includes babies, we also suggest per baby:

- Baby Shampoo
- Baby wipes
- Nappy Bags for disposal
- Pack of nappies – suitable for age

## Furniture and Household Items

We've broken these items down room-by-room, but of course, your accommodation will be different, as will the preferences of the family you are supporting.

### Bathroom

- Bath towels – 1 per member of the family
- First Aid Kit
- Flannel – 1 per member of the family
- Hand towels – 1 per member of the family
- Shower curtain (if required)
- Toilet brush
- Water jug (if no toilet hose)

### Bedrooms

- 1 chest of drawers per room
- 1 wardrobe per room
- Beds – single or double as appropriate
- Coat Hangers
- Cot for children under the age of 2
- Duvet covers
- Duvet for each bed
- Fitted sheets
- Pillow cases
- Pillows for each bed

### Cleaning/Laundry Items

- Broom
- Clothes horse/Clothes dryer
- Dustpan and brush
- Iron
- Ironing board
- Mop and bucket
- Vacuum cleaner

### Dining/Living Room

- Dining chair – 1 per each member of the family
- Dining Table
- High Chair – if age appropriate for children in family
- Sofas – allow 1 armchair/sofa seat for each member of the family

### Kitchen

- Chopping board
- Cooking utensils – wooden spoons, ladles etc
- Cookware – saucepans, frying pans
- Crockery set – enough for everyone in the family
- Cups and glasses – enough for everyone in the family

- Espresso cups for Arabic/Turkish coffee
- Cutlery set – enough for everyone in the family
- Cutlery Tray
- Cutlery Tray
- Dish drainer
- Fridge and Freezer
- Kettle
- Kitchen Bin
- Knife set
- Microwave
- Oven
- Tin opener
- Washing Machine
- Washing up bowl

If babies are in the family, you should also include:

- Baby bottles/beakers
- Plastic cutlery
- Plastic plates/bowls
- Steriliser

## Other items

- Stairgates for houses with stairs where the family has young children
- Appropriate car seats for the journey to the property for families with babies or young children
- Smoke alarms
- Window coverings - blinds/net curtains
- Appropriate flooring - carpet or rugs
- A set of keys for each adult member of the family